

Rite of Eucharistic Exposition and Benediction

Exposition of the Blessed Sacrament [Opening] Presider enters

Kneel: Presider places the Blessed Sacrament into the monstrance on the altar.

O Salutaris Hostia
Quae coeli pandis ostium:
Bella premunt hostilia,
Da robur, fer auxilium

O Saving Victim Open Wide
The gate of Heaven to us below
Our foes press on from every side
Your aid supply, your strength bestow

Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patria.
(Amen.)

To your great name be endless praise,
Immortal Godhead, One in Three
O Grant us endless length of days
In our true native land with Thee
(Amen)

(Presider incenses the monstrance)

Adoration of the Blessed Sacrament

Kneel or be seated: Begin private portion of the adoration/devotion.

Benediction of the Blessed Sacrament [Closing prayer]

Kneel: presider incenses the monstrance.

Sing: *Tantum Ergo (Down in Adoration Falling)*

Tantum ergo Sacramentum
Veneremur cernui:
Et antiquum documentum
Novo cedat ritui
Praestet fides supplementum
Sensuum defectui.

Down in Adoration Falling
This great Sacrament we hail;
Over ancient forms departing
Newer rites of grace prevail;
Faith for all defects supplying
Where the feeble senses fail.

Genitori, Genitoque
Laus et jubilatio
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio.
(Amen.)

To the everlasting Father
And the Son who reigns on high
With the Spirit blessed proceeding
Forth from each eternally
Be salvation, honor, blessing
Might and endless majesty.
(Amen)

Remain kneeling: Presider: You have given them Bread from Heaven. (Alleluia)

Respond: **Having All Sweetness within it.**

(Alleluia)

Presider: "Let us pray. Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us, and the peace of the kingdom; where you live with the Father and the Holy Spirit, One God, forever and ever...(Amen)

Remain kneeling while the presider elevates the monstrance in blessing. Then recite the Divine Praises. (Presider proclaims, the people repeat.)

The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His most Sacred Heart.

Blessed be His most Precious Blood.

Blessed be Jesus in the most Holy Sacrament
of the Altar

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, virgin and mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and Saints.

Amen

Reposition of the Blessed Sacrament

The presider reposes the Blessed Sacrament in the tabernacle while the people kneel.

Stand and Sing: Holy God We Praise Thy Name

Holy God, we praise Thy Name;

Lord of all, we bow before Thee!

All on earth Thy scepter claim,

All in Heaven above adore Thee;

Infinite Thy vast domain,

Everlasting is Thy reign.

Thou art King of glory, Christ:

Son of God, yet born of Mary;

For us sinners sacrificed,

And to death a tributary:

First to break the bars of death,

Thou has opened Heaven to faith.

Hark! the loud celestial hymn

Angel choirs above are raising,

Cherubim and seraphim,

In unceasing chorus praising;

Fill the heavens with sweet accord:

Holy, holy, holy, Lord.

From Thy high celestial home,

Judge of all, again returning,

We believe that Thou shalt come

In the dreaded doomsday morning;

When Thy voice shall shake the earth,

And the startled dead come forth.

Lo! the apostolic train

Join the sacred Name to hallow;

Prophets swell the loud refrain,

And the white robed martyrs follow;

And from morn to set of sun,

Through the Church the song goes on.

Therefore do we pray Thee, Lord:

Help Thy servants whom, redeeming

By Thy precious blood out-poured,

Thou hast saved from Satan's scheming.

Give to them eternal rest

In the glory of the blest.

Holy Father, Holy Son,

Holy Spirit, Three we name Thee;

While in essence only One,

Undivided God we claim Thee;

And adoring bend the knee,

While we own the mystery.

Spare Thy people, Lord, we pray,

By a thousand snares surrounded:

Keep us without sin today,

Never let us be confounded.

Lo, I put my trust in Thee;

Never, Lord, abandon me.

Songs for Lenten Recollection St. Matthias Church 2026



*4th Monday of Lent:
March 15, 2026*

We Walk by Faith

1. We walk by faith, and not by sight:
No gracious words we hear
Of him who spoke as none e'er spoke,
But we believe him near.

2. We may not touch his hands and side,
Nor follow where he trod;
Yet in his promise we rejoice
And cry, "My Lord and God!"

3. Help then, O Lord, our unbelief,
And may our faith abound;
To call on you when you are near,
And seek where you are found:

4. That when our life of faith is done
In realms of clearer light
We may behold you as you are
In full and endless sight.

5. We walk by faith, and not by sight:
No gracious words we hear
Of him who spoke as none e'er spoke,
But we believe him near.

*Text: CM; Henry Alford, alt., 1810–1871.
Music: ST. ANNE; attr. to William Croft, 1678–1727..*

Be Not Afraid

1. You shall cross the barren desert,
but you shall not die of thirst.
You shall wander far in safety
though you do not know the way.
You shall speak your words in foreign lands
and all will understand.
You shall see the face of God and live.

**Be not afraid.
I go before you always.
Come, follow me, and I will give you rest.**

2. If you pass through raging waters in the sea,
you shall not drown.

If you walk amid the burning flames,
you shall not be harmed.
If you stand before the pow'r of hell
and death is at your side,
know that I am with you through it all.

3. Blessed are your poor,
for the kingdom shall be theirs.
Blest are you that weep and mourn,
for one day you shall laugh.
And if wicked tongues insult and hate you
all because of me,
blessed, blessed are you!

*Text: Based on Isaiah 43:2–3; Luke 6:20ff. Text and music ©
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How Great Thou Art

1. O Lord my God, when I in awesome wonder
Consider all the worlds Thy hands have
made, I see the stars, I hear the rolling
thunder, Thy pow'r throughout the
universe displayed
2. **Then sings my soul, my Savior God, to
Thee; How great Thou art, how great Thou
art! Then sings my soul, my Savior God, to
Thee; How great Thou art, How great Thou
art!**
 2. When thru the woods and forest glades I
wander and hear the birds sing sweetly in
the trees, When I look down from lofty
mountain grandeur And hear the brook and
feel the gentle breeze.

Tantum Ergo

1. Tantum ergo Sacraméntum
Venerémur cernui:
Et antiquum documéntum
Novo cedat ritui:
Praestet fides suppleméntum
Sénsuum deféctui.

2. Genitóri, Genitóque
Laus et iubilátió,
Salus, honor, virtus quoque
Sit et benedíctio:
Procedénti ab utrórque Compar sit laudátió.
Amen.

Holy God We Praise Thy Name

1. Holy God, we praise thy name;
Lord of all, we bow before thee!
All on earth thy scepter claim,
All in heav'n above adore thee;
Infinite, thy vast domain,
Everlasting is thy reign.
2. Hark! the loud celestial hymn
Angel choirs above are raising;
Cherubim and Seraphim,
In unceasing chorus praising;
Fill the heav'ns with sweet accord:
"Holy, holy, holy Lord!"
3. Holy Father, Holy Son,
Holy Spirit, Three we name thee;
While in essence only One,
Undivided God we claim thee;
And adoring, bend the knee,
While we own the mystery.



*Monday of Holy Week
March 30, 2026*

Immaculate Mary

1. Immaculate Mary, your praises we
sing. You reign now in heaven with
Jesus our King.

**Ave, Ave, Ave, Maria!
Ave, Ave, Maria!**
2. In heaven the blessed your glory
proclaim; On earth we your children
invoke your fair name.
3. We pray for our Mother, the Church
upon earth, And bless, Holy Mary, the
land of our birth.

*Text: 11 11 with refrain; anon. in Parochial Hymn
Book, Boston, 1897; rev. of Hail Virgin of virgins by
Jeremiah Cummings, 1814–1866, alt.*

Pan de Vida

**Pan de Vida, cuerpo del Señor,
cup of blessing, blood of Christ the Lord.
At this table the last shall be first.
Poder es servir, porque Dios es amor.**

1. We are the dwelling of God,
fragile and wounded and weak.
We are the body of Christ,
called to be the compassion of God.
2. You call me Teacher and Lord;
I, who have washed your feet.
So you must do as I do,
so the greatest must become the least.
3. There is no Jew or Greek;
there is no slave or free;
there is no woman or man;
only heirs of the promise of God.

*Text: Based on John 13:1–15; Galatians 3:28–29; Bob Hurd and Pia
Moriarty. Spanish adapt. by Jaime Cortez, Magali Jerez, Elena García
and Gustavo Castillo. Text and music © 1988, 1995, Bob Hurd*

Here I Am Lord

1. I, the Lord of sea and sky, I have heard my
people cry. All who dwell in dark and sin My
hand will save.
I, who made the stars of night, I will make
their darkness bright. Who will bear my
light to them? Whom shall I send?

**Here I am, Lord. Is it I, Lord?
I have heard you calling in the night.
I will go, Lord, If you lead me.
I will hold your people in my heart.**

2. I, the Lord of snow and rain, I have borne
my people's pain. I have wept for love of
them. They turn away .I will break their
hearts of stone, Give them hearts for love
alone. I will speak my word to them. Whom
shall I send?

*Text: Based on Isaiah 6. Text and music ©
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